

## **Kale RayZyn Salad Recipe**

Ingredients:

- 8oz CabernayZyns
- 1 bunch organic Kale (chop in ribbons)
- 1 C organic arugula
- 2 Roasted organic beets (diced)
- 1/2 C good Feta cheese
- 1/2 C toasted walnuts
- Course grind black pepper to taste

Toss lightly with following dressing:

- 3 Tablespoons of Olive Oil
- 1 ½ Tablespoons of fresh lemon juice
- 1 pinch of salt
- 1 pinch of pepper
- 1 pinch of ground mustard